



# Sue Urda

Author, Speaker, Workshop Leader, Entrepreneur

- \* Keynote Presentations
- \* Radio & Television Interviews
- \* Workshops
- \* Special Programs

*Sue will customize a presentation specifically for your organization, company or group.*

**Sue Urda** is the Co-Founder of Powerful You! Women's Network and a two-time honoree on Inc Magazine's list of the 500 Fastest-Growing Private Companies.

Her vision is to contribute to a global consciousness of women helping women succeed in business and in life. Sue's mission is to provide venues for women to create relationships and grow their businesses, build self-confidence and self-awareness, and to foster attitudes of empowerment, gratitude, courage and self-sufficiency among all women everywhere

Sue has been an entrepreneur since 1989, and knows the challenges that young businesses face. Her desire to support others has reached new levels with Powerful You! a company designed to assist women in business to live balanced and powerful lives and to grow both professionally and personally through network meetings, workshops and building relationships.

Ms. Urda is the author of *Powerful Intentions ~ Everyday Gratitude*, the e-book, *Networking and You... Perfect Together* and the Co-Creator and Co-Producer of the Inspirational Movies, *Stepping Stones* and *Gratitude Everyday*.

## Presentation Topics

***Sue's exciting & interactive presentations help women grow and achieve their potential.***

### **Got Connections?**

Learn how to create & nurture powerful relationships in all areas of life.

### **30-Seconds that Could Change Your Life**

Learn how to create and deliver a memorable 30-second commercial.

### **Gratitude as a Practice ~ The Gift You Give Yourself**

Learn how to make gratitude an integral part of your life and experience the bounty and joy of being thankful.

### **5 Steps to Setting Intentions and Manifesting your Desires**

Learn how to set intentions, gain clarity, open your heart and mind to receive and live the life you envision.

### **How to Grow Your Business with Conscious Networking™**

Learn to network without selling, attract new business partners beyond your inner circle, make a lasting impression, and enjoy the process.

### **The Quality of your Connections Equals the Quality of your Life**

Learn the role of communication in creating relationships. Discover the right questions to ask for greater insight, how to make small talk that matters, and how to make others feel comfortable even when you're not.

## Powerful You! Programs and Events

### **Networking with Intention™ National Tour**

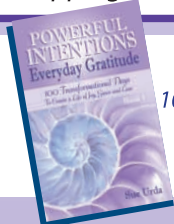
This powerful event includes an Intentions for Women workshop, connections, interactive exercises, inspirational gifts and more!

### **Networking with Conscious Communication™ Workshop**

This unique event, Conscious Communication for Women, teaches tips, skills and actionable tools for making the most of everyday communication for both business and personal life.

### **National Annual Conference ~ Powerful You! Women's Network™**

This 3-day event, for members and guests, includes inspirational Keynote speakers, breakout sessions, vendor tables, a gala, gifts, and connections with other amazing and powerful women.



### **Powerful Intentions ~ Everyday Gratitude**

100 Transformational Days To Create a Life of Joy, Grace and Ease

By Sue Urda

[www.powerfulintentionseveryday.com](http://www.powerfulintentionseveryday.com)

### **Powerful You! Women's Network**

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