



Sue Urda

POWERFUL INTENTIONS Everyday Gratitude

*100 Transformational Days
To Create a Life of Joy, Grace and Ease*

About the Author

Sue Urda is a woman on a mission. She is an inspirational leader, a powerful speaker, a consummate student and a joyful woman. She is the Co-Founder and CEO of Powerful You! Women's Network and two-time honoree on Inc. Magazine's list of the 500 Fastest-Growing Private Companies.

Sue travels the USA connecting women to each other and to themselves through her network, her presentations and her words. Sue's personal mission is to assist individuals to follow their inner voice, find the simplicity in each day and live their lives in joy.

What if you knew that in 100 days you could be living a life filled with joy, grace and ease?

And what if you knew that each day along the way you would learn a new lesson to help you enjoy the process as you grow?

GREAT NEWS! You can start your 100 days NOW with the book, Powerful Intentions ~ Everyday Gratitude 100 Transformational Days To Create a Life with Joy, Grace and Ease

This transformational book guides you on a 100-day journey to the center of YOU! This book provides the tools for you to become the conscious creator of your life, instead of just being a passenger on the journey.

Through daily readings you will understand the complex workings of your mind, tap the inner wisdom of your heart and learn to live your life through deliberate creation and intent. Each daily wisdom is "locked in" with a quote, a message of gratitude and a daily intention. Additionally, you will learn the steps to set intentions and manifest your deepest desires as you develop a daily practice of gratitude. Never underestimate the power of feeling good!

Using simple language, humor and everyday life examples, Sue Urda assists you on your personal journey to a joy-filled existence. She guides you to your own profound conclusions as she sets the stage for you to create an amazing life that you love - All this as you enjoy the process and feel good.

No matter where you are on your journey, this book will move you forward towards self-discovery, personal growth, spiritual awakening and joyful living.

**Buy the Book at
www.powerfulintentionseveryday.com**

Book Specs: 5.5" x 8.5", 184 pages, B&W, \$15.95US, \$18.95CAN

